



May 2026



Happy May from the Hyrum Senior Center! As the valley turns green and the weather warms up, it is a wonderful time to visit the center and enjoy the vibrant energy of our growing community. We take great pride in the friendly, "home-town" feel of our center, and we invite you to come see for yourself why so many of your neighbors make us a part of their weekly routine.

One of the special features of our center is our dedicated quilting program. Whether you are a master quilter or have never touched a needle and thread, you are warmly invited to join us any time the center is open. Feel free to drop in, pull up a chair, and join the conversation. If you aren't a quilter but appreciate the craft, please stop by to see our beautiful display of quilts. Many of these locally-crafted treasures are available for sale, and the proceeds help support our center's programs.



Please take note of a few changes to our operations beginning this month. The Senior Center building will be closed on Thursdays until further notice. However, please note that our Thursday field trips will still happen as announced on the calendar; if you are signed up for a trip, we will still meet at the center at the designated time to depart. Additionally, we will not be scheduling any evening field trips until further notice. We will also be closed on Monday, May 25th in observance of Memorial Day as we honor those who have served.

Rosie is back, and Line Dancing is again happening at 9:15am on Tuesdays at the center. We invite you to join us for a delicious, hot lunch served every Monday, Wednesday, and Friday at 12:00 PM for a suggested donation of \$3.00. Please remember to RSVP by calling or texting us at 435-245-3570 by noon the day before you plan to eat so we can ensure a meal is reserved for you. The center is located at 695 E Main St and our building hours are Monday, Tuesday, Wednesday, and Friday from 9:00 AM to 2:00 PM. Whether you're here for the quilting, the fitness, or just a friendly chat over lunch, we look forward to seeing you this May!

Jesse Walker & Shannon Barton, *Hyrum Senior Center Staff*

Hyrum Senior Center

May 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Note: For the month of May (and until further notice), the senior center will be closed on Thursdays. Thursday field trips will still meet at the center those days, but the building will be otherwise closed.

				1 10:00 Strong Bodies 11:00 Bingo
4 10:00 Chair Yoga 11:15 Bingo	5 9:15 Line Dance Class	6 10:00 Exercise Class 11:00 Brain Games 12:30 Musicality!	7 10:15 Field Trip: USU Utah Assistive Technology Program (UATP) and lunch at Mortys (\$2 + meal cost)	8 10:00 Strong Bodies 11:00 Wht. Elephant Bingo
11 10:00 Chair Yoga 11:15 Music Bingo 1:00 Senior Center Board Meeting	12 9:15 Line Dance Class 10:30 Bunco	13 10:00 Exercise Class 11:00 Tech Class: TBA 12:30 Fall Prevention Presentation with Enhabit	14 Senior Center CLOSED	15 10:00 Strong Bodies 11:00 Bingo
18 10:00 Chair Yoga 11:15 Bingo 12:30 TED Talk: What I got wrong about changing the world	19 9:15 Line Dance Class	20 10:00 Exercise Class 11:00 Social Game 12:30 Jeopardy	21 Senior Center CLOSED	22 10:00 Strong Bodies 11:00 Bingo
25 CLOSED FOR MEMORIAL DAY	26 9:15 Line Dance Class 10:30 Bunco	27 10:00 Exercise Class 11:00 Coloring and Games 12:30 Music: Steve and Darleen Kehler	28 10:00 Field Trip: Canoeing with Common Ground and lunch at The Beehive Grill (\$10 activity fee + \$2 + meal cost)	29 10:00 Strong Bodies 11:00 Bingo

Lunches are served MWF at noon | \$3 suggested donation

Please RSVP for all meals and field trips by calling or texting 435-245-3570

695 E Main St, Hyrum 84319 | 435-245-3570 | Open Mon - Wed, Fri 9am-2pm | hyrumcity.gov/seniors